



**Do you freely give your time
to help in your community
for 2 hours or more per week?**

If so we want to hear from you!

We would like to officially recognise your contribution and ensure your group receives the support of the Torbay community.

Ask your group organisers if you are registered on Torbay's community web portal "Torcom", if not call us for more information.

www.torcom.org.uk Tel: 01803 212638